


## Nutrition Program May 2022 Menu

All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact and thus cannot offer a substitution item.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Cream of Mushroom Pork Mashed Potatoes w/Gravy Tomato Spoon Salad Caramelized Pear Half	<b>3</b> Beef Stew Over a Biscuit 7-Layer Salad Mixed Fruit BB Brownie	<b>4</b> Reuben Casserole Normandy Blend Vegetables Seasoned Beets, Rye Bread, Strawberry & Angel Food Cake w/Topping	<b>5</b> Swiss Steak w/Gravy Skin On Mashed Potatoes Green Beans Fresh Fruit Salad Snicker doodle	<b>6</b> Chicken Alfredo Over Fettuccini Noodles Steamed Baby Carrots Colorful Salad/w Dressing Fruit Crisp/w Topping
<b>9</b> BBQ Pulled Pork on Bun Cowboy Beans Tossed Salad w/Dressing Pineapple/Mandarin Oranges Reese's Peanut Butter Bar	<b>10</b> Cream of Broccoli Soup Ham Salad Sandwich Sunshine Salad Chocolate Cherry Brownie	<b>11</b> Kielbasa w/Sauerkraut Sweet Potato Wedges Brussel Sprouts Mixed Fruit Chocolate Cake	<b>12</b> Hot Beef Sandwich Mashed Potatoes w/Gravy Garlic Peas & Corn Cranberry Fluff Gelatin Poke Cake	<b>13</b> Beef Stroganoff Over Buttered Noodles Buttered Beets Broccoli and Cauliflower Fruit Cocktail Rhubarb Dessert
<b>16</b> Salisbury Steak Mashed Potatoes & Gravy Strawberry Spinach Salad w/Dressing Carrot Cake, Dinner Roll	<b>17</b> Hamburger on a WG Bun w/Fixings Baked Beans, Pickle Spear, Vegetable Macaroni Salad, Fruit Crisp	<b>18</b> Baked Fish Au gratin Dill potatoes Savory Carrots Fruited Jell-O Dinner Roll & Lemon Bar	<b>19</b> Turkey Sandwich Vegetable Soup Coleslaw Fresh Melon Salad, & Cookie	<b>20</b> Lasagna w/Meat Sauce Green Beans Glowing Salad Garlic Bread Frosted Carrot Cake
<b>23</b> Spaghetti & Meat Sauce Mixed Vegetables Peaches Parmesan Bread Stick Cook's Choice Dessert	<b>24</b> Swiss Chicken Breast Au gratin Potatoes Green Beans Cranberry Fluff Dinner Roll Chocolate Chip Bar	<b>25</b> Beef & Barley Soup WG Meat & Cheese Sandwich Fruited Jell-O Frosted Birthday Cake	<b>26</b> Roast Turkey Rosemary Red Potatoes Steamed Broccoli Side Salad w/Dressing Yellow Cake	<b>27</b> Meat Loaf Baked Potato w/Sour Crm Mixed Vegetables Coleslaw BB Cherry Brownie
<b>30</b>  <b>Memorial Day</b> REMEMBER AND HONOR ~Closed~	<b>31</b> Sloppy Joes on WG Bun Cowboy Beans Steamed Carrots Apricots Frosted German Chocolate Cake	<b>Grab N' Go available for carry out at Richland Center Meal Site Location only</b> from 11am-12pm, Mon.- Fri.; must be specified at time of reservation. <b>Richland Center Meal Site</b> Serves at 12pm Mon.- Fri. (Congregate) M-W-F (Home Delivered) Call Tina/Sandi (608) 647-2323; <b>Germantown Meal Site</b> – Monday, Wednesday & Thursday (Home Delivered) Congregate (11:15am Wednesday Only) – Rita Connors(608)983-2798; <b>Rockbridge Dining Center</b> – Serves at 11:30am M-W-F –Norma Pyfferoen (608) 647-3900 or (608) 649-3269		