

Adult City Basketball League

Rules and Regulations

Sponsored By: Richland Center Parks, Recreation & Grounds Department

Scoring and Timing Rules

- Two (2) – Twenty minute halves, the clock will only stop for injuries, timeouts, and in the last two minutes of each half unless team is up by twenty (20) points or more.
- Five minute halftime.
- Overtime- One (1) Two minute period or continue if needed. Clock will stop as like regular game.
- Timeouts- Three (3) full 45 second timeouts per game.
- Clock to start no later than five minutes after scheduled game time unless delayed by a previous overtime.
- The Official Scorebook will at the scoring table.

Game Rules

- All players must be in High School or older to play in the league. No High School basketball players allowed until season is over. (WIAA regulations)
- No more than 12 players per roster. All players must be listed on team roster and pay league fees.
- You must have 4 players to start a game.
- A player must play a minimum of 3 games before they can play in the season end tournament.
- Any type of Defense is allowed. No full court press allowed if ahead by twenty (20) points or more.
- Each player is allowed five (5) fouls. Bonus shot on the 7th foul and double bonus on the 10th foul.
- You can play free throws on release of the ball.
- Technical, intentional and flagrant fouls- Two (2) points plus possession. Foul language, rowdy or dangerous behavior and poor sportsmanship from players and fans will not be tolerated.
- After (1) one technical or flagrant foul from any player during a game you may be dismissed from the game.
- After (2) two technical or flagrant fouls from a player within the season will result in the player being ejected from the game and permanent suspension for the year.
- Possession and jump ball- Jump ball to start game and overtime periods, alternating possessions thereafter.
- All other WIAA rules apply.