



February 2019



Occasionally, it is necessary to make changes in the menus. All meals are served with milk. Please call the meal site for reservations by 1pm at least one day in advance.

Richland County Nutrition Program

Richland Center: Mon.-Fri. – Tina Shaw @ 647-2323
Rockbridge: Mon., Wed., Fri. - Norma Pyfferoen @ 647-9187
Germantown: Wed. - Judy Thompson @ 983-2786

1
Salmon Loaf
Dill & Buttered Potatoes
Creamed Peas
Fruit Crisp w/Topping

4
Chicken Pot Pie Stew Over a Biscuit
Tossed Salad w/ Dressing
Pineapple & Mandarin
Orange Salad Fluff
Frosted Chocolate Cake

5
Whole Wheat Pancakes
Sausage Patties
Cinnamon Apple Slices
Fresh Fruit or 100% Juice
Greek Yogurt Cup

6
Sloppy Joes on a Bun
Cowboy Beans
Carrots, Peas, & Corn
Apricots
Cookie

7
Oven Baked Fish
Dill Mashed Potatoes
Normandy Blend Veggies
Tropical Fruit Medley
Dinner Roll
Lemon Bar

8
Chicken Cordon Bleu
Seasoned Wild Rice
Side Salad w/Dressing
Seasoned Beets
Fruited Jell-O w/Topping
Chocolate Chip Bar

11
Salisbury Steak
Mashed Potatoes w/Gravy
Brussel Sprouts
Bread Pudding w/Vanilla Sauce

12
Goulash w/Stewed Tomatoes & Beans
Buttered Baby Carrots
Garlic Bread Stick
Cook's Choice Dessert

13
BBQ Chicken
Baked Potato w/Sour Crm
Fiesta Corn
Dinner Roll
Pears
Valentine's Day Cookie

14 *Valentine's Day*
Tater Tot Casserole
California Blend Veggies
Peaches
Corn Bread w/Honey
Strawberry Chip Cake

15
Roast Turkey
Rosemary Red Potatoes
5-Way Blend Veggies
Coleslaw
Pumpkin Bar

18
Veggie, Ham & Cheese
Breakfast Casserole
100% Fruit Juice
Sweet Roll

19
Swiss Steak/Gravy
Skin On Mashed Potatoes
Carrots & Peas
Dinner Roll
Blonde Brownie

20
Meatloaf
Sweet Potatoes
Brussel Sprouts
Mandarin Oranges
Gelatin Poke Cake

21
Chicken Strips w/BBQ
Baked Beans
Coleslaw
Pineapple
Tapioca Pudding

22
Baked Ham
Scalloped Potatoes
Buttery Beets
Mixed Fruit
Oatmeal Cookie

25
Cream of Broccoli Soup
Ham Salad Sandwich
Coleslaw
Fruit Crisp w/Topping

26
Beef Stew Over Biscuit
7-Layer Salad
Fruited Jell-O
Chocolate Chip Bar

27
Swiss Chicken Breast
Augratin Potatoes
Peas
Cranberry Fluff
Dinner Roll
Frosted Birthday Cake

28
Beef Rigatoni
w/Parmesan Cheese
Italian Vegetables
Garlic Bread
Snickers Doodle

Call a meal site near you & reserve by 1 pm the day before.