





# January 2019



Occasionally, it is necessary to make changes in the menus. All meals are served with milk. Please call the meal site for reservations by 1pm at least one day in advance.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<div style="background-color: #1a3d4d; color: white; padding: 10px; text-align: center;"> <b>Richland County Nutrition Program</b> </div>	<b>1</b>  <b>Meal Site Closed</b>	<b>2</b> Sloppy Joes on a Bun Cowboy Beans Mixed Carrots/Peas/Corn Tropical Fruit Mix Chocolate Pudding	<b>3</b> Cream of Mushroom Pork Mashed Potatoes w/Gravy Buttered Broccoli Fresh Fruit Frosted Chocolate Cake	<b>4</b> Chili w/Beans & Stewed Tomatoes Saltine Crackers Cornbread w/Honey Baked Apple Slices	
	<b>7</b> Meatloaf Company Potatoes Mixed Vegetables Coleslaw Cherry Brownie	<b>8</b> Chicken Alfredo Green Beans Side Salad Apricots Chocolate Chip Bar	<b>9</b> Pizza Casserole California Blend Veggies Pears Bread Stick Peanut Butter Cookie	<b>10</b> French Toast Bake Sausage Patties Cinnamon Baked Apples Fresh Fruit or Fruit Juice Yogurt Cup	<b>11</b> Kielbasa w/Sauerkraut Sweet Potato Wedges Broccoli Baked Beans Peach Crisp
	<b>14</b> Roast Turkey Rosemary Red Potatoes Steamed Broccoli Side Salad w/Dressing Yellow Cake	<b>15</b> Hamburger Gravy Over Mashed Potatoes Mixed Vegetables Fruited Jell-O w/Topping	<b>16</b> Swedish Meatballs Over Buttered Noodles Carrots Mixed Fruit Cookie	<b>17</b> Lasagna Buttered Green Beans Glowing Salad Garlic Bread Brownie	<b>18</b> Baked Ham Squash Brussel Sprouts Buttery Beets Bread Pudding w/Sauce
	<b>21</b> <i>Martin Luther King Day</i> Hearty Potato Soup Ham Salad Sandwich Tossed Salad w/Dressing Fruit Crisp	<b>22</b> Chicken Cacciatore Over Rice Normandy Vegetables Applesauce Chef's Choice Dessert	<b>23</b> Salisbury Steak Mashed Potatoes w/Gravy Seasoned Beets Fruit Cocktail Blonde Brownie	<b>24</b> Breakfast Casserole Broccoli & Cauliflower Fresh Fruit Cinnamon Roll	<b>25</b> Spaghetti & Meat Sauce Mixed Vegetables Peaches Parmesan Bread Stick Cookie
	<b>28</b> Cheeseburger on Bun w/ Lettuce, Onion Pickle Spear Vegetable Mac. Salad Baked Beans Frosted Pumpkin Bars	<b>29</b> Tuna Casserole Mashed Sweet Potatoes Mixed Vegetables Tropical Fruit Lemon Bar	<b>30</b> BBQ Pork Baked Potato w/Sour Crm Mixed Vegetables Pears Dinner Roll Frosted Birthday Cake	<b>31</b> Chicken Cordon Bleu Seasoned Wild Rice Brussel Sprouts Side Salad w/Dressing Fruited Jell-O w/Topping Chocolate Chip Bar	<div style="background-color: #1a3d4d; color: white; padding: 10px; text-align: center;"> <b>We would love to have you join us!</b>  </div>

**Richland Center** Mon.-Fri. – Tina Shaw @ 647-2323 **Rockbridge** Mon., Wed., Fri. - Norma Pyfferoen @ 647-9187

**Germantown** Wed. - Judy Thompson @ 983-2786