

# November 2017

Occasionally, it is necessary to make changes in the menus. All meals are served with milk. Please call the meal site for reservations by 1pm at least one day in advance.

<p><b>Winter is Coming so please be prepared!</b>  <b>Keep in touch with family, friends, and neighbors.</b>  <b>Listen to Radio/TV for Weather or to learn if the Meal Sites are closing.</b>  <b>If you receive home-delivered meals, please keep your sidewalks and steps clear of ice and snow. Thank you.</b></p>		<p><b>1</b>  <b>Baked Chicken</b>  <b>Au Gratin Potatoes</b>  <b>Green Beans</b>  <b>Sunshine Salad</b>  <b>Brownie</b></p>	<p><b>2</b>  <b>Beef &amp; Barley Soup</b>  <b>Turkey &amp; Cheese Sandwich</b>  <b>Cranberry Whip</b>  <b>Cook's Choice Dessert</b></p>	<p><b>3</b> <b>Rockbridge 11<sup>th</sup> Anniversary</b>  <b>Swiss Steak</b>  <b>Mashed Potatoes w/Gravy</b>  <b>Coleslaw</b>  <b>Mixed Vegetables</b>  <b>Pumpkin Torte</b></p>
<p><b>6</b>  <b>Shepherd's Pie</b>  <b>Glowing Salad</b>  <b>Garlic Bread</b>  <b>Carrot cake</b></p>	<p><b>7</b>  <b>Swedish Meatballs Over Buttered Noodles</b>  <b>Steamed Broccoli &amp; Cauliflower</b>  <b>Peaches</b>  <b>Chocolate Chip Bar</b></p>	<p><b>8</b> <b>Germantown 38<sup>th</sup> Anniversary</b>  <b>Meatloaf</b>  <b>Garlic Mashed Potatoes</b>  <b>Tossed Salad w/Drsg.</b>  <b>Mixed Fruit</b>  <b>German Chocolate w/Peanut Butter Frosting</b></p>	<p><b>9</b>  <b>Oven Baked Fish</b>  <b>Dill Potatoes</b>  <b>Seasoned Beets</b>  <b>Cinnamon Pears</b>  <b>Lemon Bar</b>  <b>Dinner Roll</b></p>	<p><b>10</b> <b>Veterans Day Recognition</b>  <b>Baked Ham</b>  <b>Squash</b>  <b>California Blend Vegetables</b>  <b>Pineapple</b>  <b>Fruit Crisp</b></p>
<p><b>13</b>  <b>Beef Pieces in Gravy Over Mashed Potatoes</b>  <b>Mixed Vegetables</b>  <b>Coleslaw</b>  <b>Fruit Crisp</b></p>	<p><b>14</b>  <b>Hearty Potato Soup</b>  <b>Ham Salad Sandwich</b>  <b>Sunshine Salad</b>  <b>Sugar Cookie</b></p>	<p><b>15</b> <b>Thanksgiving Dinner</b>  <b>Roast Turkey</b>  <b>Mashed Potatoes &amp; Gravy</b>  <b>Green Beans</b>  <b>Dressing, Cranberry Sauce, Dinner Roll, &amp; Frosted Pumpkin Bar</b></p>	<p><b>16</b>  <b>Sloppy Joes on Bun</b>  <b>Cowboy Beans</b>  <b>Mixed Carrots/Peas/Corn</b>  <b>Peaches</b>  <b>Blondie Brownie</b></p>	<p><b>17</b>  <b>Chicken Pot Pie Stew Over a Biscuit</b>  <b>Tossed Salad w/Drsg.</b>  <b>Mixed Fruit</b>  <b>Cookie</b></p>
<p><b>20</b>  <b>Tater Tot Casserole</b>  <b>Buttered Baby Carrots</b>  <b>Pickled Beets</b>  <b>Fruit Crisp</b></p>	<p><b>21</b>  <b>Hot Beef Sandwich</b>  <b>Mashed Potatoes &amp; Gravy</b>  <b>Salad w/Dressing</b>  <b>Mixed Fruit</b>  <b>Cookie</b></p>	<p><b>22</b>  <b>Meal Sites Closed</b>  <b>~Furlough Day~</b></p>	<p><b>23</b>    <b>Meal Sites Closed</b></p>	<p><b>24</b>    <b>Meal Sites Closed</b></p>
<p><b>27</b>  <b>Beef Rigatoni w/Parmesan Cheese</b>  <b>Italian Vegetables</b>  <b>Garlic Bread</b>  <b>Snicker Doodle</b></p>	<p><b>28</b>  <b>Veggie, Ham &amp; Cheese Breakfast Casserole</b>  <b>100% Fruit Juice</b>  <b>Long John Roll</b></p>	<p><b>29</b>  <b>Scalloped Potatoes/Ham</b>  <b>Brussel Sprouts</b>  <b>Vegetable Macaroni Salad</b>  <b>Pineapple/Mandarin Oranges</b>  <b>Frosted Birthday Cake</b></p>	<p><b>30</b>  <b>Roast Pork</b>  <b>Mashed Potatoes w/Gravy</b>  <b>Savory Carrots</b>  <b>Dinner Roll</b>  <b>Apple &amp; Cinnamon Slices</b></p>	<p><b>Richland County Nutrition Program</b></p>